

SOCK SIZE	SHOE SIZE			Foot Length	
	YOUTH	LADIES	ADULT	in	cm
XS (5-7)	9 - 13			6 - 7.5	15 - 19
Small (7-9)	1 - 3	4 - 5		7.75 - 8.5	20 - 22
Medium (9-11)	4 - 7	5.5 - 10.5	4.5 - 7.5	8.5 - 10	22 - 25
Large (10-13)		10.5 - 12	8 - 13	10 - 11	25 - 28
XL (13-15)			13 - 15	11.5 - 12.5	29 - 32